

Position	Number	Name	Time	Club	Category
1	67	Sam Humphreys	28:20	VICTORIA PARK HARRIERS	MS
2	19	Scott Aiken	29:23	TRENT PARK RC	MV40
3	10	Matthew Young	30:02		MS
4	69	Herbert Buvira	31:45	ENFIELD & HARINGEY	MV40
5	7	Will Morris	32:11	BARNET & DISTRICT AC	MS
6	57	Owen Dutton	32:17		MS
7	50	Pete Crockford	32:18	LONDON HEATHSIDE	MV50
8	27	David Daley	32:26		MS
9	73	Neill Wates	33:14		MS
10	25	Russell Ellis	33:41		MS
11	34	Robert O'Rourke	34:02		MV40
12	54	David Moscrop	34:37	GARDEN CITY RUNNERS	MV50
13	51	Bob Carlin	34:51		MV40
14	63	Jim Jennings	35:07		MV40
15	22	Andrea Mann	35:20	GARDEN CITY RUNNERS	FV35
16	16	Anthony Maplesden	35:41		MS
17	11	Lucy Taylor	36:26		FS
18	37	Claire Blakeway	36:39	SERPENTINE	FV35
19	56	Lydia Booth	37:16		FS
20	53	Emilia Vynnycky	37:30	LONDON HEATHSIDE	FV35
21	52	Caroline White	37:35	LONDON HEATHSIDE	FV45
22	45	Peter Goldfinch	37:43	TRENT PARK RUNNING CLUB	MV50
23	4	John Murphy	37:51		MV50
24	17	Lynn Jones	38:01	TRENT PARK RUNNING CLUB	FV45
25	24	Abs Reyman	38:13	TRENT PARK RUNNING CLUB	MV50
26	9	Phil Thomas	38:16		MS
27	55	Paul Berlyn	38:28		MV40
28	33	Darrell Osborne	38:41		MS
29	60	Angelo Larini	38:47		MV40
30	49	Stephen Baker	39:20	HARINGEY	MV50
31	29	Theodosia Green	39:38	TRENT PARK RUNNING CLUB	FV45
32	31	Alison Ball	39:41	TRENT PARK RUNNING CLUB	FV35
33	58	Andrew Labinjah	39:43		MV40
34	2	Joshua Hang Gong	40:23		MS
35	59	Anant Patel	40:43		MV40
36	47	Erica Bodkin	40:44		FS
37	5	Colin St. Helien	40:52		MV40
38	40	Ivor Mclearnon	41:37		MV50
39	30	Ian Fairbank	41:54		MV40
40	32	Zsuzsanna Peto	42:22		FS
41	14	Kon Georgiou	42:51		MV50
42	41	Andrea Sanderson	43:28		FS
43	65	Kevin Gournay	43:43	BROXBOURNE RUNNERS	MV60
44	18	Christine Hawker	43:59		FV45
45	48	Alexandra Brennan	44:07		FV35
46	23	Pauline Lygo	44:27	BARNET & DISTRICT AC	FV55
47	46	Graham Barnett	44:36	BARNET & DISTRICT	MV50
48	36	Arjun Trivedi	44:38		MS
49	12	Alan Randall	44:44		MV40
50	70	Paul Ashwell	44:46	ST ALBANS STRIDERS	MV50

51	35 Jim Pickles	45:26		MV50
52	66 Antonia White	45:45		FS
53	21 Sheila Kennedy	46:04	EAST LONDON RUNNERS	FV45
54	42 Phoebe Kallin	46:21		FS
55	20 Verity Heard	47:37		FV35
56	44 Simon Cooper	49:23	BARNET & DISTRICT	MV50
57	15 Helen Georgiou	49:31		FV45
58	1 Debra Skapoullis	50:02	PURPLE PATCH RUNNERS	FV45
59	68 Mary Wilson	51:56		FV45
60	28 Susanna Shouls	52:11		FV35
61	26 Melanie Ellis	53:17		FS
62	43 Julian Tovey	54:32	BARNET & DISTRICT	MV50
63	39 Victoria Gray	55:13		FS
64	38 Alice Gray	55:19		FS
65	71 Jo Wilkes	56:01		FS
66	72 Jo Holmes	56:01		FS
67	62 Chris Hack	62:57	EDMONTON RUNNING CLUB	FV55
68	64 Patricia Rhodes	62:57	EDMONTON RUNNING CLUB	FV55