

Position	Number	Name	Time	Club	Category	Gender
1	117	Herbert Bouvira	27:58	Enfield and Haringey	MV40	M
2	95	Ty Berg	28:10	London Heathside	MS	M
3	106	David Dixon	28:41	British Airways AC	MV40	M
4	59	Scott Aiken	29:01	TRENT PARK RC	MS	M
5	111	Michael Cates	29:09	Eton Manor	MV40	M
6	10	Andy Hyland	30:03	Broxbourne	MV40	M
7	43	Kevin Haynes	30:37	TRENT PARK RC	MS	M
8	85	Ian Lambert	31:50	Eton Manor	MV50	M
9	67	Stuart Manktelow	31:54	Trent Park	MV40	M
10	87	Lawrence Gatens	32:07		MS	M
11	115	Rohan Alexander	32:38	Ilford AC	MV40	M
12	35	Pdraig Donohue	32:59	BRITISH MILITARY FITNESS	MS	M
13	97	Jim Dawson	33:05	Orion Harriers	MV40	M
14	25	Gary Collins	33:18	Edmonton RC	MV50	M
15	63	Colin Thurston	33:27	Trent Park RC	MV40	M
16	54	Graham Bell	33:35	LONDON HEATHSIDE	MV40	M
17	38	Malcolm Allen	34:07	TRENT PARK RC	MV50	M
18	108	Stephen Keys	34:33	Haringey & Enfield	MV50	M
19	103	Malcolm Hart	34:35	Edmonton Running Club	MV50	M
20	80	Rhys Lewis	34:49	East London Runners	MV40	M
21	105	Andrea Mann	34:58	Garden City Runners	FV35	F
22	69	Patrick Moran	35:33		MV50	M
23	62	Andreas Vassiliou	35:46	Trent Park RC	MS	M
24	118	Robert Lopez	36:01	Edmonton Running Club	MV50	M
25	60	Emilia Vynnycky	36:07	LONDON HEATHSIDE	FV35	F
26	116	Terry Panayiotou	36:25	Edmonton Running Club	MV40	M
27	91	John Broom	36:46	St. Albans Striders	MS	M
28	57	Michael Green	37:01	TRENT PARK RUNNING CLUB	MV40	M
29	104	Martin Mcguinness	37:15	Mornington Chasers	MV40	M
30	96	Susie Brighton	37:33	London Heathside	FV35	F
31	52	Simon Taylor	37:58		MV40	M
32	39	Lynn Jones	38:06	TRENT PARK	FV45	F
33	71	Ivor Mclearnon	38:22		MV40	M
34	56	Michael Mullen	38:25		MV40	M
35	107	David Moscrop	38:31	Garden City Runners	MV50	M
36	75	Malcolm Blackwood	38:44	Trent Park	MV50	M
37	48	Keith Seyde	39:02		MV60	M
38	61	Michael Vynnycky	39:14		MV40	M
39	40	Peter Goldfinch	39:22	TRENT PARK RUNNING CLUB	MV50	M
40	50	Peter Jupp	39:22		MS	M
41	53	Sam Cracknell	39:22		MS	M
42	27	Peter Mcelwee	39:34		MS	M
43	79	Duncan Bensted	39:38	Trent Park	MV40	M
44	58	Theodosia Green	39:42	TRENT PARK RUNNING CLUB	FV45	F
45	88	Don Lay	39:57		MV50	M
46	70	Paul Mccarthy	39:59		MS	M

47	28 Jonathan Ball	40:19	TRENT PARK	MV40	M
48	83 Pauline Edmunds	40:27	Edmonton RC	FV55	F
49	78 Costa Malekkou	40:35	Edmonton RC	MV40	M
50	66 Ian Ellis	40:47	Tri-Force	MV40	M
51	15 Mark Osborn	40:50	Road Runners Club	MV50	M
52	26 Rebecca Jennings	40:54	Womens Running Network	FV35	F
53	82 Richard Pichelski	40:54		MV40	M
54	84 Roger Bond	41:01	Edmonton RC	MV50	M
55	42 Colin St. Helien	41:07		MV40	M
56	49 Tom Taylor	41:08		MS	M
57	55 Michael Jones	41:32	TRENT PARK	MV40	M
58	32 Andrew Minter	41:36		MV40	M
59	68 Gill Attree	41:38	Trent Park	FV45	F
60	24 Oarla Khouri	41:47	Thrift Green Trotters	FS	F
61	8 Sally South	41:48		FV45	F
62	11 Anne Lippitt	41:50	Trent Park	FV45	F
63	47 Adrian Day	42:37	TRENT PARK	MV50	M
64	101 Rod Constanti	42:57		MV40	M
65	98 Jack Piculos	43:02	Latymer	MS	M
66	12 Martin Lippitt	43:05	Trent Park	MV50	M
67	99 Jim Piculos	43:05		MV50	M
68	33 Sophie Minter	43:17		FV35	F
69	110 M-C Ahniens	43:22	Edmonton Running Club	FV45	F
70	94 Stephen Thompson	43:30	Thurrock Nomads	MV40	M
71	44 Matt Goddard	43:43	EDMONTON	MV40	M
72	30 Tim Williams	43:57		MV50	M
73	1 Sally Hodge	44:17	Serpentine	FV45	F
74	41 John Murphy	44:27		MV50	M
75	89 Susie Dutoit	45:04	Edmonton Running Club	FS	F
76	72 Harriet Dodd	45:15		FS	F
77	46 Carrin Rhodes	46:04		FV45	F
78	86 Neil Richardson	46:27	Serpentine	MS	M
79	64 Adeline Coker	47:24	Edmonton RC	FV35	F
80	102 Caroline Harrison	47:42		FV35	F
81	4 Brian Fowler	47:57	Barnet	MV60	M
82	90 Sacha Ackland	48:24	Eton Manor AC	FS	F
83	81 Debra Skapoullis	48:50	Edmonton RC	FV45	F
84	65 Gillian Ranson	48:59	Trent Park RC	FV45	F
85	92 Gary Brown	49:00	YMCA	MV40	M
86	93 Alexandra Brennan	49:27		FV35	F
87	112 Olu Gooden	50:42	Tottenham RC	FV45	F
88	74 Lucy Malleson	51:00		FS	F
89	73 Nigel Malleson	51:00		MV50	M
90	20 Robert Robson	51:22		MS	M
91	109 Christine Keys	53:25		FV45	F
92	19 Ruth Robson	54:00	Edmonton RC	FV45	F
93	114 Denise White	57:00		FS	F

94	100 Zehra Malekos	57:21		FS	F
95	5 Suzanna Giera	62:42		FV45	F
96	22 Hannah Grant	64:09		FS	F
97	21 Karen Robson	64:09		FS	F
98	17 Pat Rhodes	68:37	Edmonton RC	FV55	F
99	18 Derek Weedon	68:37	Edmonton RC	MV50	M
100	76 Martha Malekkou	69:30		FV35	F
101	77 Eleanor Malekkou	69:32		FS	F
102	113 Yvonne Robinson	71:13	Tottenham RC	FV45	F
103	2 Sarah Osborne	77:58	Trent Park	FV35	F

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